

November 20, 2025

The Honorable Brett Guthrie
Chairman
House Energy & Commerce Committee

The Honorable Frank Pallone
Ranking Member
House Energy & Commerce Committee

The Honorable Morgan Griffith
Chairman
Subcommittee on Health

The Honorable Diana DeGette
Ranking Member
Subcommittee on Health

Dear Chairman Guthrie, Ranking Member Pallone, Chairman Griffith, and Ranking Member DeGette,

November is Diabetes Awareness Month and a time to remember that diabetes is a serious, costly chronic condition affecting roughly one in four Medicare beneficiaries that requires access to a range of medications and services to help treat the disease. The undersigned national organizations support the bipartisan *Expanding Access to Diabetes Self-Management Training Act* ([H.R. 3826](#)) and request that you advance a healthcare package in 2025 that includes this legislation. We thank the Health Subcommittee for considering the legislation in a [recent hearing](#).

Diabetes self-management training (DSMT) is an evidenced-based service that has been covered under Medicare Part B since 2001 to give beneficiaries the tools to manage their diabetes, reduce their risk of complications, and improve their quality of life. Even though DSMT has been consistently shown to help participants achieve lower hemoglobin A1c, weight loss, improved quality of life, and healthy coping skills, only 5 percent of Medicare beneficiaries with newly diagnosed diabetes utilize the service due to myriad barriers—many of which Congress can remove or reduce. This legislation is critical to improving outcomes for Medicare beneficiaries living with diabetes and, therefore, generating savings for the Medicare program.

The *Expanding Access to DSMT Act* would improve access to the DSMT benefit by—

- Allowing beneficiaries the flexibility to access their initial 10 hours of DSMT services when needed rather than having hours expire after one year;
- Allowing for additional hours of training based on medical necessity;
- Permitting DSMT and Medical Nutrition Therapy to be provided on the same day avoiding arbitrary waiting periods;
- Permitting all physicians and qualified nonphysician practitioners to refer for DSMT services;
- Excluding DSMT services from Part B cost-sharing and deductible requirements; and
- Establishing a CMS Innovation Center demonstration program to test the coverage of virtual DSMT within Medicare.

The *Expanding Access to DSMT Act* is bipartisan and bicameral legislation led by Representatives Kim Schrier (D-WA-8) and the House Republican Diabetes Caucus co-chair, Gus Bilirakis (R-FL-12). The companion bill in the Senate ([S. 1925](#)) is led by Senators Shaheen (D-NH) and Collins (R-ME) who co-chair the Senate Diabetes Caucus.

We strongly encourage you to consider the DSMT Act for inclusion in the end-of-year package. For any questions on the legislation, please contact ADCES Director of Advocacy Hannah Martin (hmartin@adces.org).

Sincerely,

Academy of Nutrition and Dietetics
American Academy of Physician Associates
American Association of Clinical Endocrinology
American Diabetes Association
Association of Diabetes Care & Education Specialists
Diabetes Leadership Council
Diabetes Patient Advocacy Coalition
Endocrine Society
National Kidney Foundation
Omada Health, Inc
Preventive Cardiovascular Nurses Association